

BrainFutures Launches Initiative to Accelerate National Adoption of Psychedelic-Assisted Therapy

This spring, BrainFutures launched a tiered initiative to catalyze the national adoption of psychedelic medicines for the treatment of mental health disorders.

The promise and timing of these breakthrough treatments has reached an inflection point. Clinical research being conducted internationally and in approved U.S.

university labs has shown some striking results related to psychedelic-assisted therapy for a range of intractable conditions, including end-of-life anxiety, PTSD, treatment-resistant depression, major depressive disorder, alcohol and nicotine dependency, and drug addiction. These results have earned several companies running clinical trials "Breakthrough Therapy" status from the FDA.

Holly McCormack, Chief Strategy Officer of BrainFutures, shares, "With our extraordinary team of health care reform veterans and expert advisors, we are well positioned to anticipate the structural obstacles this fast-moving field will face as it merges with the incumbent behavioral health system. We aim to bring our expertise and networks together to help minimize the pitfalls brought about by this confluence, particularly as it relates to regulatory and reimbursement considerations."

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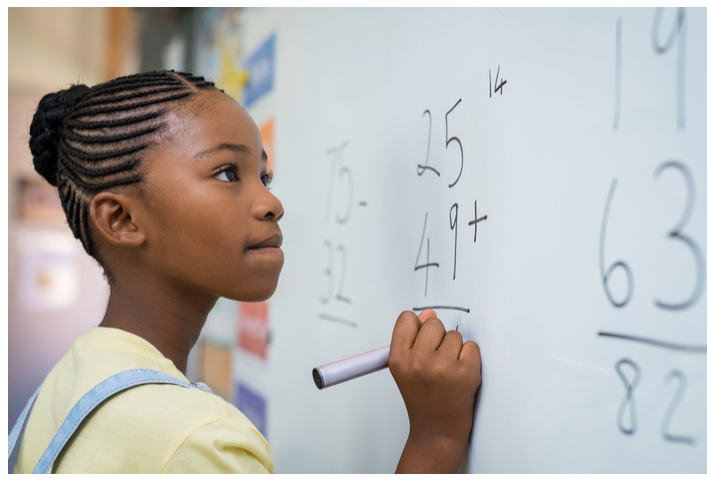
Major Associations Endorse BrainFutures' Issue Brief on Neurofeedback Treatment for ADHD and Anxiety

BrainFutures' latest report on neurofeedback has been endorsed by three of the most notable international associations in the discipline: the Association for Applied Psychophysiology and Biofeedback ([AAPB](#)), the Biofeedback Certification International Alliance ([BCIA](#)), and the International Society for Neuroregulation & Research ([ISNR](#)).



The report, [Neurofeedback: An Efficacious Treatment for Behavioral Health](#), features an in-depth, evidence-based review of neurofeedback treatment for ADHD and anxiety. It has been called "simply an outstanding summary of the science, the effectiveness, and the physiology of neurofeedback training" by Joseph Maroon, MD, Vice Chairman of the Department of Neurological Surgery and Heindl Scholar in Neuroscience at the University of Pittsburgh Medical Center.

Read the [full report](#), [summary of the evidence for neurofeedback](#), and [press release](#) for more details, as well as how to [find a trained provider](#) on the BrainFutures website.

[Read the Report](#)


Brain Fitness Interventions for K-12 Schools Highlighted by Childhood Education International

In January 2021, Childhood Education International (CEI), a world leader on education reform and innovation, published an article by BrainFutures in their flagship publication, *Childhood Education Innovations*.

The article, ["Brain Fitness for School Children: BrainFutures champions neuroscience-based interventions,"](#) highlights the urgent need for brain fitness programs to be made accessible in schools across the country. These interventions, which aim to improve children's executive function skills including attention, working memory, higher-order cognitive processing, and more, are both foundational to dramatic improvements in children's scholastic achievement and protective against stress-related delays in healthy brain development.

The article follows BrainFutures' landmark report, [Brain Fitness and Executive Function: Evidence-Based Interventions that Improve Student Outcomes](#), a comprehensive review of the most promising executive function interventions available in schools today.

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Mission

BrainFutures accelerates adoption of effective applications of brain science advances to maximize human potential.

Vision

Science-based brain health practices will be widely accessible to people of all ages, enabling improvements in learning, enhancement of cognitive performance, prevention of debilitating brain conditions and effective treatment of mental health and substance use conditions.



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